

Save the date!!

Flip n Twist
GYMNASTICS

GIRLS POWER

4th Annual Invitational

March 14 & 15, 2009

Lakota East High School, West Chester, Ohio

LEVELS 3 - 10

Entry Fees

\$75 for Level 3-6

\$85 for Level 7-10

\$45 for Team

EXTRAS
*Hospitality Tables
for Coaches, Judges and Gymnasts*
Fabulous Goody Bags
Door Prizes & Raffle Baskets
Concessions for Spectators
Host Hotels Near Meet Site

• ENTRY DEADLINE •

February 1, 2009

For more information
or for entry forms please
call: **(513) 942-4435**

Or Visit flipntwist.com

- ❖ Apparel for all gymnasts
- ❖ Event medals and All Around trophies given to all compulsory gymnasts, 50% optionals
- ❖ Food continuously provided for coaches
- ❖ Coaches Gifts
- ❖ AAI Equipment

focus

"Never Underestimate the Power of a Girl"

heart strength courage faith

confidence